



# First Class Adventure Troop Roster

Troop \_\_\_\_\_

- The table indicates Scout attendance.
- If a Scout was present on a day that a requirement was covered, they have learned the skills necessary to show unit leadership their ability to do the requirement.
- Some requirements may be only partially covered
- **Staff members do not sign off requirements in Scout Handbooks—that is up to the troop leader.**
- We recommend that Scouts demonstrate requirements covered in class to unit leadership before their book is signed.

Name	M	Tu	W	Th	F	Notes

## Monday

Scout 4A – Demonstrate that you know how to tie the following knots and tell what their uses are: two half hitches, the taut-line hitch, the square knot

Scout 4B – demonstrate how to whip and fuse the ends of a rope

Scout 5 – Tenderfoot 3D demonstrate the proper care, sharpening, and use of the knife, saw, and ax, and describe when they should be used.

Tenderfoot 7A – demonstrate how to display, raise, lower, and fold the American Flag

Tenderfoot 8 – Teach another scout the square knot using the EDGE method

## Requirements Continued on Back

## Tuesday

Tenderfoot 4B – Identify local poisonous plants; tell how to treat for exposure to them

Second Class 2F – Demonstrate the sheet bend and describe its use

Second Class 4 – Identify or show evidence of at least 10 kinds of wild animals (birds, mammals, reptiles, fish, and mollusks) found in your community

Second Class 6B – Show what to do for “hurry” cases of stopped breathing, serious bleeding, stroke or ingested poisoning.

First Class 5A – Identify or show evidence of at least 10 kinds of native plants found in your community

First Class 7B – Show how to transport by yourself, and with one other person, a person from a smoke filled room, and with a sprained ankle for at least 25 yards

First Class 7C – Tell the five most common signals of a heart attack. Explain the steps (procedures) in cardiopulmonary resuscitation (CPR)

### **Wednesday**

Tenderfoot 1A – Present yourself to your leader, properly dressed, for an overnight camping trip. Show the gear you will use. Show the right way to pack and carry it

Second Class 3A – Demonstrate how a compass works and how to orient a map. Explain what map symbols mean

Second Class 3D – Demonstrate how to find directions during the day and at night without using a compass

First Class 3B – Demonstrate the clove and timber hitches and describe their uses

### **Thursday**

Tenderfoot 4A – Show first aid for the following- simple cuts and scrapes, blisters on the hand and foot, minor burns or scalds, bites or stings of insects and ticks, venomous snakebite, nosebleed, frostbite and sunburn, choking

Second Class 6A – Demonstrate first aid for the following: object in the eye, bite of a warm blooded animal, puncture wounds from a splinter, nail, and fishhook, serious burns, heat exhaustion, shock, heatstroke, dehydration, hypothermia, and hyperventilation

Second Class 2G – Demonstrate tying the bowline knot and describe several ways it can be used

### **Friday**

Second Class 1B – Discuss the principles of leave no trace

Second Class 2B – prepare tinder, kindling, and fuel for a cooking fire

Second Class 2C – Explain when it is appropriate to use a cooking fire. At an approved outdoor location and at an approved time, and using the tinder, kindling, and fuel wood, demonstrate how to build a fire; light the fire, unless prohibited by local fire restrictions. After allowing the flames to burn safely for at least two minutes, safely extinguish the flames with minimal impact to the fire site.

Second Class 2D – Explain when it is appropriate to use a lightweight stove or propane stove. Set up a lightweight stove or propane stove; light the stove, unless prohibited by local fire restrictions. Describe the safety procedures for using these types of stoves.

First Class 1B – Tread Lightly!

### **Flag Ceremony**

Second Class 8A -- Participate in a flag ceremony for your school, religious institution, charter organization, community, or troop activity. Explain to your leader what respect is due to the flag of the United States.